



# Motivation & Recognition

Building and maintaining a culture of motivation requires effort and understanding. But, get the recognition and reward right and motivation will grow from within and travel throughout. This workshop is for teams and leaders who want to create a culture of mutual respect, appreciation and self-development.

This programme has been designed by The Colour Works.

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# Content

## Motivation Training

- The psychology of motivation and recognition
- Motivation and the colour energies
- Motivating me and motivating others
- Recognition – delivering maximum impact and building team spirit
- The Personal Achievement profile chapter
- Personal and team brand – wearing our colours with pride
- Bringing it all together with accountable actions

## Impact

- Purpose
- Motivation
- Identity

## Outcomes

By the end of this module, delegates will have had a shared experience that creates confidence and leave with a full understanding of what motivates them and how they can best motivate others. By using the Personal Achievement chapter of the Insights Discovery profile, everyone will leave with a clear action plan on how to take positive steps towards a more motivated way of being.