



# Improving Your Personal Impact

In this game-changing introductory workshop, delegates explore who they are, how they may be seen by others and what they can do to improve their performance and working relationships through increased levels of self-awareness and appreciation of colleagues.

This programme has been designed by The Colour Works.

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### Content

#### Personal Impact Training

- · Perception and our unconscious biases
- The business benefits of improving self-awareness
- The Insights Discovery model of behaviour
- Personal Profiles
- Strengths, weaknesses and value to the team
- The impact my working style has on me, my work and my colleagues
- Team dynamics what do we all bring to the party?
- Tangible actions and future commitments

# **Impact**

- Self awareness
- Communication
- Team performance

## **Outcomes**

This introductory workshop has a profound impact on people as they gain new insights into themselves and those they work with. Delegates leave with a different view of the world and an immediately applicable understanding of how to connect, engage and communicate better with colleagues and clients alike. This pivotal experience upskills and motivates leaders and teams to drive performance improvement through greater self-awareness and enhanced working relationships.