



Building Trust & Healthy Conflict

Two of the fundamentals for high-performance teamworking are building trust amongst team members and learning how to have healthy conflict. The former is the cornerstone of collaboration; the latter, the vehicle for collectively making the most robust team decisions.

This programme has been designed by The Colour Works.

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Content

Trust and Healthy Conflict in the Workplace

- The role trust plays in building collaborative relationships
- The 'Trust Equation' – how can we engender greater team trust?
- 'The Conflict Continuum' – how the different colour energies react to spirited discussion and heartfelt debate and how to embrace and manage those differences
- Agreeing a team communication protocol
- Commitments and Accountabilities – what must each of us work on to abide by the protocol? How will we know whether it's working or not?

Impact

- Trust
- Psychological safety
- Debate
- Collaboration

Outcomes

This workshop will raise levels of trust and psychological safety within the team. Each and every team member should feel valued and appreciated for who they are, whatever their colour preferences. When everyone contributes and everyone is heard, discussions and decision-making improve, and collaboration is enhanced.